

2021 SAFE LIST: Drugs that are considered to be **SAFE** for use in the acute porphyrias

This safe list was produced jointly by the UK Porphyria Medicines Information Service (UKPMIS) and Cardiff Porphyria Service and is supported by the National Acute Porphyria Service (NAPS). We gratefully acknowledge the clinical impact of the evidence-based drug safety assessments provided on the comprehensive Drug Database for Acute Porphyria (<http://www.drugs-porphyria.org>) on the range of available medicines for porphyria patients.

This list is based on the best information available to us at the time of compilation and provides guidance on drugs to use first line. It is not intended to be comprehensive. Inclusion of a drug does not guarantee that it will be safe in all circumstances. For information on medication not listed and advice on the use of antiretrovirals, antineoplastics or other complex treatment scenarios please contact UKPMIS by telephone (**029 2184 2251**), or see our website <https://www.wmic.wales.nhs.uk/specialist-services/drugs-in-porphyria/>. Unfortunately we are unable to accept enquiries via e-mail.

Healthcare professionals requiring clinical advice on the management of acute porphyria attacks should contact NAPS on 029 2184 7747 – available 24 hours a day, 7 days a week.

All topical preparations (including topical antifungals, lice treatments & eye drops) are considered safe, when applied to intact skin or mucosa.

Abatacept	Belatacept	Clozapine	Enoxaparin
Acamprosate	Belimumab	Co-amoxiclav	Entacapone
Acebutolol	Bendroflumethiazide	Co-beneldopa	Epinephrine
Acetazolamide	Benralizumab	Co-careldopa	Eplerenone
Acetylcysteine	Benzylpenicillin	Codeine phosphate	Epoetin
Aciclovir	Betahistine	Co-fluampicil ¹	Eprosartan
Acidinium bromide	Betamethasone	Colchicine	Ergocalciferol
Adalimumab	Betaxolol	Colecalciferol	Ertapenem
Adenosine	Bevacizumab	Colesevelam	Ertugliflozin
Adrenaline	Bezafibrate	Colestipol	Escitalopram
Aflibercept	Bisacodyl	Colestyramine	Esmolol
Alemtuzumab	Bisoprolol	Contrast media – gadolinium-based	Esomeprazole
Alendronic acid	Budesonide	Contrast media – Gastrografin [®]	Etanercept
Alfacalcidol	Bumetanide	Contrast media – iodine-based	Ethambutol
Alfentanil	Bupivacaine	COVID-19 vaccines	Etoricoxib
Alginates (e.g. Gaviscon [®] , Peptac [®])	Calcitriol	Cyclizine	Exenatide
Allopurinol	Calcium polystyrene sulfonate	Cycloserine	Ezetimibe
Almotriptan	Calcium salts	Dabigatran	Famciclovir
Alogliptin	Canagliflozin	Dalteparin	Felodipine
Alpha tocopheryl/tocopherol	Canakinumab	Danaparoid	Fenofibrate
Alteplase	Candesartan	Dapagliflozin	Fentanyl
Aluminium salts	Captopril	Darbepoetin	Fexofenadine
Amantadine	Carbimazole	Deflazacort	Filgrastim
Amikacin	Carboprost	Demeclocycline	Flucloxacillin ¹
Amiloride	Carvedilol	Denosumab	Flucytosine
Aminophylline	Casprofungin	Desferrioxamine	Fludrocortisone
Amisulpride	Cefaclor	Desflurane	Flumazenil
Amitriptyline	Cefadroxil	Desloratadine	Fluoxetine
Amlodipine	Cefalexin	Dexamethasone	Fluphenazine
Amoxicillin	Cefepime	Dextromethorphan	Fluticasone
Amphotericin	Cefixime	Diamorphine	Fluvastatin
Ampicillin	Cefotaxime	Diazepam	Fluvoxamine
Anakinra	Cefoxitin	Diclofenac	Fondaparinux
Anidulafungin	Cefradine	Dicycloverine	Formoterol
Apixaban	Ceftaroline	Digoxin	Fosfomycin
Arachis oil enema	Ceftazidime	Dihydrocodeine	Fosinopril
Aripiprazole	Ceftriaxone	Dimeticone	Furosemide
Articaine	Cefuroxime	Dinoprostone	Fusidic acid
Ascorbic acid	Celecoxib	Diphenhydramine	Gabapentin
Aspirin	Certolizumab	Diphtheria/tetanus/ pertussis/olio vaccine	Galantamine
Atenolol	Cetirizine	Diphtheria/tetanus/pertussis/ olio/Hib/hepatitis B vaccine	Ganciclovir
Atomoxetine	Cetuximab	Dipyridamole	G-CSF (Granulocyte-colony stimulating factor)
Atorvastatin	Chloroquine	Dobutamine	Gemprost
Atovaquone	Chlorphenamine	Domperidone	Gemfibrozil
Atracurium	Ciclesonide	Dopamine	Gentamicin
Atropine	Ciclosporin	Doxazosin	Glipizide
Azathioprine	Cimetidine	Doxycycline	Glucagon
Azithromycin	Cinacalcet	Dulaglutide	Glucosamine
Aztreonam	Ciprofloxacin	Duloxetine	Glycerol suppositories
Baclofen	Cisatracurium	Ecuzimab	Glyceryl trinitrate
Balsalazide	Citalopram	Eletriptan	Glycopyrronium
Barium sulphate	Clobazam	Empagliflozin	Golimumab
Basiliximab	Clonazepam	Enalapril	Granisetron
BCG vaccine	Clonidine		Haloperidol
Beclometasone	Clopidogrel		Heparin, unfractionated

Hepatitis A vaccine	Menadiol	Pegfilgrastim	Sodium picosulfate
Hepatitis B vaccine	Meningococcal group B vaccine	Penicillamine	Sodium zirconium cyclosilicate
Hib/Meningococcal group C vaccine	Meningococcal groups A, C, W, Y vaccine	Perindopril arginine	Solifenacin
Human papillomavirus (HPV) vaccine	Mepivacaine	Perindopril erbumine	Sotalol
Hydrocortisone	Meropenem	Pethidine	Sterculia
Hyoscine butylbromide	Meropenem with vaborbactam	Phenoxymethylpenicillin	Streptokinase
Hyoscine hydrobromide	Mesalazine	Phenylephrine	Strontium
Ibandronic acid	Metformin	Phosphate enema	Sulpiride
Ibuprofen	Methadone	Phosphate salts	Sumatriptan
Imipenem	Methotrexate	Phytomenadione	Suxamethonium
Immunoglobulins	Methylcellulose	Pindolol	Tacrolimus
Indometacin	Methylnaltrexone bromide	Pioglitazone	Tadalafil
Infliximab	Methylphenidate	Piperacillin with tazobactam	Tamsulosin
Influenza vaccine (inactivated)	Methylprednisolone	Pneumococcal conjugate vaccine	Teicoplanin
Influenza vaccine (live attenuated) ²	Metoclopramide	Pneumococcal polysaccharide vaccine	Telmisartan
Insulins	Metoprolol	Pramipexole	Temazepam
Ipratropium bromide	Metronidazole	Prasugrel	Tenecteplase
Irbesartan	Midazolam ⁴	Pravastatin	Terazosin
Iron salts	Midodrine	Prazosin	Terbutaline
Isoflurane	Mirabegron	Prednisolone	Tetanus/diphtheria/polio vaccine
Isosorbide dinitrate	Mirtazapine	Pregabalin	Tetracosactide
Isosorbide mononitrate	Misoprostol	Prilocaine	Theophylline
Ispaghula husk	Mivacurium	Primaquine	Thiamine
Ivabradine	Mizolastine	Prochlorperazine	Ticagrelor
Ketoprofen	Mometasone	Proguanil	Tigecycline
Labetalol	Morphine	Promethazine	Tildrakizumab
Lacosamide	Moxifloxacin	Propofol ⁴	Timolol
Lactulose	Moxonidine	Propranolol	Tinzaparin
Lamotrigine	Multivitamins	Propylthiouracil	Tiotropium
Lansoprazole	Mycophenolate mofetil	Prucalopride	Tirofiban
Leflunomide	Mycophenolic acid	Pseudoephedrine	Tobramycin
Lenograstim	Nadolol	Pyrazinamide	Tocilizumab
Lercanidipine	Naftidrofuryl	Pyridostigmine	Tolterodine
Levetiracetam	Naloxone	Pyridoxine	Tolvaptan
Levobunolol	Naproxen	Quetiapine	Tramadol
Levofloxacin	Naratriptan	Quinapril	Trandolapril
Levomepromazine	Natalizumab	Quinine	Tranexamic acid
Levothyroxine	Nateglinide	Rabeprazole	Trastuzumab
Lidocaine ³	Nebivolol	Ramipril	Trazodone
Linaclotide	Neostigmine	Ranitidine	Triamcinolone
Linagliptin	Nicotinamide	Remifentanyl	Trifluoperazine
Linezolid	Nicotine replacement therapy	Repaglinide	Umeclidinium
Liothyronine	Nifedipine	Ribavirin	Urokinase
Lipegfilgrastim	Nimodipine	Riboflavin	Ursodeoxycholic acid
Liquid paraffin enema	Nitrous oxide	Risedronate	Ustekinumab
Liraglutide	Noradrenaline	Rituximab	Valaciclovir
Lisinopril	Norepinephrine	Rivaroxaban	Valganciclovir
Lithium carbonate	Nortriptyline	Rivastigmine	Valsartan
Lithium citrate	Nystatin	Rizatriptan	Vancomycin
Lixisenatide	Octreotide	Rocuronium	Vedolizumab
Loperamide	Ofatumumab	Rosuvastatin	Venlafaxine
Loratadine	Ofloxacin	Salbutamol	Vigabatrin
Lorazepam	Olanzapine	Salmeterol	Vildagliptin
Losartan	Omeprazole	Sarilumab	Vitamin A
Lymecycline	Ondansetron	Saxagliptin	Vitamin B
Macrogols	Orlistat	Senna	Vitamin C
Magnesium citrate with sodium picosulfate	Osetamivir	Sertraline	Vitamin D
Magnesium salts	Oxycodone	Sevelamer	Vitamin E
Measles/mumps/rubella vaccine ²	Oxytocin	Shingles vaccine ²	Vitamin K
Mebendazole	Paliperidone	Sildenafil	Warfarin
Mebeverine	Palivizumab	Siltuximab	Zanamivir
Mefloquine	Pamidronate disodium	Simeticone	Zinc preparations
Melatonin	Pancuronium	Simvastatin	Zoledronic acid
Meloxicam	Panitumumab	Sitagliptin	Zolmitriptan
Memantine	Pantoprazole	Sodium bicarbonate	Zonisamide
	Paracetamol	Sodium citrate enema	Zopiclone
	Paraldehyde	Sodium clodronate	
	Paroxetine	Sodium fusidate	

1. Conflicting safety advice for flucloxacillin. Consider an alternative in high risk patients. Contact UKPMIS for further advice.

2. An acute attack has been reported following yellow fever vaccine, so caution should be observed when using any live vaccine in adults.

3. Intravenous doses should be used with caution.

4. Clinical safety has not been assessed for continuous use of these preparations.